

## Admission of Life Members Held on Thursday 12<sup>th</sup> December 2019

The following members were admitted to Life Membership of the Institution at the Celebration and Admission of Life Members on Thursday, 12<sup>th</sup> December 2019.

Four Public Orators presented these citations.



Back row (l-r): Dr C C Evans, Dr S Ryan and Dr C Brace  
Front row (l-r): Mr P W Hopcroft., Dr A Shepherd, Dr M Murphy, Dr A T Carty, Prof D Gould, Dr N R Navaneetharajah and Dr P Hayes

### DR A T CARTY



President, over the past 4 decades I have orated in favour of many colleagues (about 25) but without being disrespectful none will give me as much pleasure as this one for Dr Austin Carty.

In common with other life members this evening he was invited to submit his own citation in which he described this annual December ritual, of gathering long serving members into the departure lounge to cross the Styx, as being slightly macabre, but only if taken seriously.

Born and educated in Dublin, the Carty's, for I cannot fail to mention Helen in this tribute, came to London in the late 1960s. In Dublin Austin had been the youngest candidate to obtain membership of the RCPI.

It was in January 1974 that he arrived at the Royal Southern Hospital to his first consultant radiologist appointment. From here, Dr Gerard Sanderson and Mr John McFarland introduced him to our Institution. Over the succeeding 45 years it is doubtful if any member has put more effort and ideas into sustaining the Institution's future. I highlight his early roles as secretary, treasurer and in 1990, President.

He inaugurated the very successful 6<sup>th</sup> form conference 35 years ago, and with John Billington the financially successful bicentenary appeal. More recently he facilitated the short lived association with Liverpool John Moores University.

He is the first to admit disappointment that whilst on watch our membership has halved to 550. This is shared with Susan and myself as well as Audrey and Sue Curbishley in the library. He regards his highlight as the 1995 Henry Cohen History of Medicine lecture, when the lecture theatre in the Duncan building was overflowing. He knew them all, many of whom were his friends.

His witty Irish introductions and votes of thanks have graced many meetings, he ran the retired members group for a decade, and who can forget singing Frere Jacques in french at an annual dinner when the guest speaker was unable to attend.

In the NHS he was the lead radiologist for the introduction of CT scanning in the RLUH in 1984 and he was medical director of that hospital in the 90s.

He taught and inspired not only junior radiologists but surgeons and physicians and worked privately in Rodney Street and the Lourdes Hospital.

He remains active despite his awareness of slipping down the razor blade of life, and visits his children and grandchildren in Kent, Dorset and New Zealand.

His only son Tim has recently undergone a successful heart transplant for the same genetic cardiac condition that deprived him and us of Helen. Austin enjoys fly fishing, opera, classical music, fine-dining preferably at home, fine wines from his extensive cellar and his Irish relatives.

He can be found lunching at the Liverpool Artists Club which he has served with equal distinction.

I cannot finish without a poem or limerick of which he has a phenomenal repertoire and moreover an ability to recall.

#### Ageing Man

“Till 30 a man is proficient,  
At 40 he’s fairly efficient,  
But by 50 and 9,  
He’s begun to decline,  
And at 90 he’s only deficient.

The enjoyment of sex, although great,  
Is said in later years to abate,  
That may well be so  
But how would We know  
We’re only 78.

And finally

At 80 some men are still heels,  
As they chase girls with Zimmers on wheels,  
They don’t often feel lonely  
As they say man is only  
As old as the woman he feels!

Mr President I have the honour in presenting Dr Austin Carty for Life Membership of this Institution.

CHRIS EVANS

## PROF D A GOULD



Professor Derek Alan Gould was born, brought up and attended school in Liverpool where he also married his wife Julia who he thanks for her tolerance and understanding over the years! He qualified as a doctor at the University of Liverpool, remaining in the city to pursue postgraduate training in Radiology. His first consultant role was for three years in Manchester after which he returned to the Royal and Broadgreen, where he continued to practice full time until 2010, retiring fully three years later. His son William has clearly received his father's genes for cleverness and computing as you'll hear soon - he is an IT systems architect.

Derek took on one of the most demanding aspects of radiology as his particular area of expertise – interventional radiology. In that time he has performed many thousands of interventions, showing a level of dedication, skill and commitment that were recognised in 2011 with the award of the Annual Gold Medal of the British Society of Interventional Radiology – thoroughly merited by such an outstanding colleague.

It was not only for his clinical work that Derek was so recognised. On top of that he developed an amazing academic portfolio of research and education, which has been recognised by the bestowal of honorary academic titles at the University of Liverpool as a Reader and subsequently at Bangor University as a Professor in the School of Computing where he worked closely with Professor Nigel John. He has also been recognised nationally as a National Institute of Health Research (NIHR) senior investigator.

As a researcher he has published over 70 original papers, also case reports and book chapters. His reputation as a leading light in his specialty meant that he was also asked to lead and contribute to over 50 expert review papers – another acknowledgement of his standing and expertise. As you would imagine, colleagues not only wanted to read his thoughts, they also wished to hear from the horse's mouth as it were and he was invited to speak to colleagues across the UK and the world on no less than 70 occasions, presenting his and colleagues' findings on around another 125 occasions. I say colleagues because Derek is a fantastic collaborator across the North West, North Wales and nationally.

He is a committed and life-long teacher at every level, across specialties and across professions. He has also applied his research expertise to skills training in interventional radiology. In 2002 he led the development of CRaIVE – Collaborators in Radiological Intervention Virtual Environments. He's obviously also a dab hand at acronyms. He has built on this work over the last two decades, recognised by significant grant income and the NIHR award as well as being invited onto several radiology college committees who needed his expertise.

He is also a great innovator and has built on his research by developing a range of technical solutions to radiological procedural issues. He has taken one of his innovations through to award of patent. Unlike most of us where ideas remain just that, Derek has seen through the whole process – another testament to his passion and his perseverance.

His interests outside medicine include scuba diving (with underwater photography) and cycling (interestingly a dual passion he shares with Chris Boardman) a member of local cycling clubs; he chaired the Merseyside Cycling Campaign for the decade 2000-2009 and is now chair of Cycling UK Merseyside. His cycling exploits this year include a 1250 mile journey from Lands End to Shetland as a result of which he raised over £4,700 for Clatterbridge Cancer Centre!

He is also a long-standing environmental campaigner and a member of Merseyside Environmental Trust. He is also a keen walker and skier. Is there anything this man cannot do!

Derek has been a member of the Institution since 1974.

So it is such a great honour to be able to give you this short vignette about the life and work of a truly inspiring colleague and to give further recognition of his achievements and contribution to the medical life of this City and to this Institution by the award of Life Membership to Derek.

JOHN CURTIS

## DR P J HAYES



Dr Peter Hayes attended Brockenhurst Grammar School in the New Forest. After he completed his secondary education he moved North and he qualified in Medicine at the University of Liverpool in 1970. After qualification he chose a career in internal medicine and was a senior registrar in Liverpool before taking up his position as a consultant physician. As a consultant he was honoured to become a Fellow of the Royal College of Physicians, elected and by his peers for his contribution to the provision of excellent patient care.

He is a member of Diabetes UK and also attended meetings of ABCD, the Association of British Clinical Diabetologists.

He was a consultant physician in general internal medicine and diabetes and endocrinology at Blackpool Teaching Hospital. He both delivered and led a team with a large and complex clinical workload, providing care to a population who because of their level of deprivation are acknowledged to have some of the most demanding health and care needs in the country. He has now retired from clinical practice but continues to work part time as Deputy Divisional Director to the Unscheduled Care Division demonstrating leadership and skill through some of the most difficult, constrained and challenging times the NHS has ever seen. He had previously held the role of Medical Director at the Blackpool Victoria Hospital during which time he had to oversee the resolution of a very challenging issue regarding clinical quality.

Medical leadership is always challenging and often lonely and it's a testimonial to Peter that he has demonstrated sustained leadership over the decades. A recent published accolade from his fellow staff sums up his approach:

“Dr Peter Hayes has dedicated much of his career to the Trust and was described as an extremely positive and people-centred leader. As Deputy Divisional Director of Unscheduled Care, he was praised for providing support and direction to all staff and for masterminding significant improvements in patient care.”

Outside of medicine he has wide-ranging interests including most importantly his family including his wife Susan a retired doctor who also trained at the Medical School in Liverpool and his 3 children one of whom has followed in his footsteps as a doctor. He likes to be active and is a keen skier and cyclist. He enjoys modern literature and takes an interest in current affairs - so he's had a great deal to fill his time in semi-retirement!

Peter has been a member of the Institution since 1974.

So it is a real privilege to be able to give an oration about a terrific colleague who is a dedicated clinician and clinical leader and to note further recognition of his achievements and contribution to the medical life of this City and to this Institution by the award of Life Membership to Peter.

CHRIS EVANS

## MR P W HOPCROFT



Mr Hopcroft was educated at Kirkham Grammar School, Kirkham (Fylde), and then went on to Edinburgh University Medical School and graduated in 1965 MBChB.

He did his pre-registration jobs at Preston Royal Infirmary and then did just over a year in A & E/Orthopaedics, also at Preston. Then obtained an SHO rotation job for 2 years at Mansfield General, 6 months Orthopaedics and 18 months General Surgery. During that period he passed the Primary Fellowship in Dublin. He then went on to be a Registrar in Orthopaedics at Preston and whilst he was there he obtained the Fellowship in Edinburgh.

In 1974, Peter moved to Liverpool as a Registrar in Orthopaedics at Sefton General Hospital working with the late Mr John Monk and Mr Howard Beddows and was there for two years. He was then appointed as a Registrar at Myrtle Street Children's Hospital for one year during which time he obtained the MChOrth in 1976. This was followed by a move to Ormskirk as a Registrar in Orthopaedics from where he obtained a Senior Registrar post in Manchester on the rotation which included Manchester Royal Infirmary, Wrightington, Preston and Withington. He was appointed as a

consultant in Orthopaedics and Traumatic Surgery at Wigan and Leigh 1979 where he remained until his retirement in December 2001.

Main medical interests were hip replacements, hand surgery and trauma. He undertook research on deformities that followed supracondylar fracture of the humerus in children and suggested a nuanced approach to surgery in specific situations. His work was subsequently referenced by other researchers in the field.

Peter was a keen amateur cricketer, retiring from league cricket at 54. He also played squash and started to play golf at 54. He has an interest in ornithology and both he and his wife, Sylvia Elizabeth, enjoy the cinema and live theatre. They have three children; one son, Richard, is an Orthopaedic Consultant, middle son, Philip, is a research scientist with Astra Zeneca and daughter, Fiona, is an MMR Radiographer. He has four grandchildren.

Mr Hopcroft has been a member of the Institution since 1974.

It is with great pleasure that I have been able to give you this oration on behalf of such esteemed colleague and it is fitting accolade for him to be admitted as a life member given his long clinical service and his career-long membership of the Institution.

### **DR M MURPHY**



Dr Maura Murphy was a local girl educated at Seafeld Grammar School Crosby. She studied Medicine initially at St Andrew's University and then at Dundee University where she qualified. Some 20 years later she received her Diploma in Medical Education from the same University.

She has had a longstanding passion for medical education and also was awarded a certificate in Primary Care Facilitation. She retired in 2005 as a Tutor in General Practice at the University of Liverpool and a Postgraduate tutor. She has also been a keen proponent on e-learning as an important tool in primary care education, emphasising the importance of supportive and positive feedback. She believes e-learning should be fun! She is also a Fellow of the Royal Society of Medicine.

For over 40 years she has worked for the NHS in general practice. Her other big clinical passion is haematology and, she says, everything else really! Patients would give their eye teeth to have a family doctor with such a high level of passion and the lucky ones were the patients of Bedford Road, Walton and the Kingsway Surgery in Waterloo. She continued her work in General Practice on a locum basis, until 2009 when she retired.

She is delighted that her only daughter has qualified recently as a general practitioner. No doubt she like others has been infected with Maura's unremitting enthusiasm for clinical practice and general practice in particular.

Extending her role she has played the important role of a doctor accompanying pilgrims on the Liverpool Diocesan and HCPT Pilgrimages to Lourdes. She is a member of the Catholic Doctors guild and a Trustee of the Catholic Blind Institute from 2004-2013. This Institute was established in 1841 for the advancement of education and religion amongst blind and partially sighted children and the provision of residential and nursing accommodation for visually impaired adults.

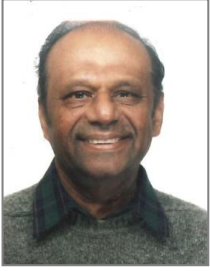
She has been a very able and committed racket sports player especially with tennis but also badminton and squash. She enjoys the gentler pursuit of walking and also at home both cooking and gardening. It is incredible to wonder with so many interests and commitments how Maura has managed to fit all of this in day-to-day.

Maura has been a member of the Institution since 1974.

It is terrific to be able to give this Oration to induct Maura into Life Membership of the LMI. For her passion in all the wide areas of care she has been involved with and her energy in all those endeavours, I can think of no finer colleague to receive it.

CHRIS BRACE





### **DR N R NAVANEETHARAJAH**

Dr Navaratnam Navaneetharajah went to school at St Joseph's College in Colombo, Ceylon in 1953. There he was a school cadet and fondly remembers taking part in a march as part of the festivities to celebrate the Coronation of Her Majesty, Queen Elizabeth.

His undergraduate medical training took place at the University of Ceylon in Colombo. He undertook clinical training at the General Hospital in Kandy, Ceylon. He held the role of District Medical Officer for Kalmunai and Deltota and was Medical Officer of Health at Kegalle, Ceylon.

He relocated to the United Kingdom to gain further clinical experience and to engage in further postgraduate studies at the University of Liverpool. He went on to a long and distinguished career as a principle General Practitioner holding posts throughout Merseyside in St Helens, Knowsley, Liverpool and Sefton.

His medical interests are wide ranging and include psychiatry, child welfare-development, ophthalmology and family planning, in all of which he held positions of clinical assistant. He also has great interest in diabetology. Long standing member of British Medical Association and an avid reader.

He has also made his name for his support of charity, previously through the Freemasons, currently through the Rotary club.

He has always been a keen and able sportsman. When at the University of Ceylon, he captained the cricket team leading his team to perform well in the Daily News Trophy. Latterly, it has been golf that has gained his attention and in 2002 he was Captain of Lee Park Golf Club. He is also a member of Royal Colombo Golf Club in Sri Lanka. Through all his sporting endeavours he has been keen to the next and future generations of sportsmen and women.

His wife Beatrice also undertook postgraduate training at the University of Liverpool and holds a Diploma in Public Health.

He has great pride in the achievements of his children, his son Sanjay being an aeronautical engineer and his daughter Prithiva being a consultant physician at "Mayday" Hospital, Croydon. The family's strong healthcare genes have penetrated through to another generation with a grandson who is a medical student in Southampton and a granddaughter who is a student in nutrition and dietetics at Kings College London.

Navaratnam has been a member of the Institution since 1974.

I am delighted to be able to give this Oration to induct Dr Navaratnam Navaneetharajah into Life Membership of the LMI. He has provided great care for the citizens of Merseyside as a most accomplished general practitioner, which followed the service he gave in Ceylon (now Sri Lanka). His charitable endeavours and also his sporting prowess and advocacy for young people should also be noted and celebrated.

CHRIS EVANS

### **DR J K ROWLANDS**



Dr John Rowlands was born in Horden Colliery, County Durham at the time the largest coal mine in Europe of which only the pit wheel remains as a legacy. He was educated at Acklam Grammar School who's Grade 1 listed 17<sup>th</sup> century Manor house in landscaped gardens near Middlesbrough could not have served as a greater contrast to the mine and its environs.

John trained in the North-east at Kings College Newcastle upon Tyne in 1958 being one of the last to obtain a Medical Degree from the University of Durham. History continued to follow John around and his first practice's origins in a working class area of Stockton-on-Tees he traced back to the 1790s. He also was influenced by the methods of a renowned and influential GP Professor Keith Johnson whose classic work "Towards Earlier Diagnosis" a historical cornerstone publication in primary care. John carried on the work with his first three papers.

He obtained his MRCGP in 1971 by which time he was a Lecturer in General Practice at Guy's Hospital working out of one of the very first Health Centres to be established in the UK- in Thamesmead. This practice was a magnet for VIPs and doctors from abroad who wanted to see the very latest in health service design.

Subsequently he moved to Merseyside (which he had considered doing when applying to Medical School) to a teaching practice in Maghull and to take up a lecturer position at the University of Liverpool. During that time he helped fully establish the Department of General Practice with its inaugural Professor. He was a GP trainer from 1973-1988 during which time the practice had 31 trainees who all moved on to successful careers including one Dean of a Medical School! He was also a medical officer at Ashworth Hospital at this time.

He was keen to link with all aspects of health care. For example as a member of the Ethics Committee at Fazakerley Hospital or a Faculty Representative on the Joint Hospital visits group to the local teaching hospitals.

Dr Rowlands has been elected to Fellowship of the RCGP and has been awarded RCGP Mersey Faculty Lifetime Achievement Award.

Throughout his career John kept up his passion for "earlier diagnosis" by astute observations of populations. On the back of his own interest in sports from school days through to his being the doctor at Old Trafford for England and International Touring Teams, he became concerned in the 1980s about the high rates of dementia in retired professional footballers. From that time his concerns became widely known in the media and through the Professional Footballers Association families of former footballers got in touch. The concerns he raised have not gone away and with amazing developments of neuroscience and notable cases such as Geoff Astle, there is renewed vigour to get to the bottom of the meaning of John's original observations

His interest in history-in-action is legendary, no more so than when his persistence in tracking down the original minute books of Moss Side Hospital in Maghull had demonstrated what an important role it had played in the treatment of shell-shocked soldiers in the First World War. His efforts have been recognised by a major exhibition in Southport, the unveiling of a Statue of a wounded soldier by Maghull Town Council in 2018 and thanks from not only the Council who wished to "honour Dr Rowlands for his amazing research (and give him an Annual Civic Award) but also a Senior Adviser to President Eisenhower who said that "Medicine owes a great debt to Dr Rowlands for the discovery of the minute books."

His wife Cathy is a retired nurse and of his four daughters, two have moved into health care, one being a psychotherapist, the other a senior midwife.

Dr John K Rowlands has been a member of the Institution since 1974.

I am delighted to be able to give this Oration to induct Dr Rowlands into Life Membership of the LMI. I think the people of Maghull in particular would be delighted to know that the Liverpool Medical Institution was also honouring one of their most remarkable fellow citizens. He has observed history but he has created history himself.

STEVE RYAN

## **DR A J N SHEPHERD**



Dr Alistair Shepherd was born in Chester and grew up in Heswall. He was educated at St Edward's School, Oxford and undertook his medical training at the University of Liverpool. He qualified in 1967 and following house jobs he went on to train in Haematology at St Thomas' Hospital, London and then at the City Hospital, Nottingham. He returned to Liverpool to complete his training in Haematology and gained Membership of the Royal College of Pathologists in 1977 and Fellowship in 1989. Later, he studied Occupational Medicine for which he was awarded a Diploma in 1998.

He was appointed Consultant in Haematology and Transfusion Medicine with the National Blood Service in 1978. His main responsibilities were in transfusion microbiology and medical services to donors with a national public relations role. With co-authors he published a number of influential papers on transfusion related infections. He is a founder member of the British Blood Transfusion Society and made several presentations at the annual scientific meetings.

Alistair retired in 2008, having worked for NHS Blood and Transplant (formerly the NBS) for 30 years during which he experienced many changes of policy and procedure. During the 1980s there were rising concerns about blood safety and the increasing difficulties in balancing supply and demand for blood products. These technical problems had to be resolved by major reorganisation and rationalisation of the Service. There was even a time when Liverpool Blood Centre was threatened with closure. However, it survived and eventually relocated to a magnificent new facility in Speke for bone and tissue banking so it is a key-player in NHS Blood and Transplant; now recognised to be one of the best blood services in the world!

He enrolled for CPD in 1995 and is still committed to lifelong learning. He participates in Continuing Education at the University of Liverpool and has achieved a Certificate of Higher Education.

He is married to Diane, who he met whilst in Nottingham. Their son, Julian works for NHS Health Education, England. Alistair and Diane enjoy wildlife and bird watching and as a family they travel extensively with a particular affinity for islands! He is keen on photography and he used to take slides and photographs for presentations by himself and colleagues. He has a life-long interest in music and sang in choral groups at school and university and took this up again years later in Christmas concerts at the RLH under the baton of Robert Sells. He attends concerts and organ recitals and he is a Patron of Liverpool Cathedral Organ. He also has a large record collection of varied musical genres to which he enjoys listening on systems that he has assembled over the years.

Alistair has been a member of the Institution since 1974 and he is the eldest son of John Shepherd who was President of the Liverpool Medical Institution in 1976.

I am delighted to be able to give this Oration to induct Dr Alistair Shepherd into Life Membership of the LMI. His Father, John, would have been proud to know that his son had been admitted as a life member to the Institution following such a distinguished medical career and he would also be impressed by his wide range of interests and the contributions he has made outside medicine.

STEVE RYAN

#### **DR J R SUTHERST**



John Richard Sutherst was educated at Sheffield City Grammar School where he gained a State Scholarship. He went on to study Medicine at Sheffield University Medical School, qualifying in 1963. After junior appointments in central Sheffield he became Resident Surgical Officer at the Jessop Hospital for Women and subsequently Senior Registrar rotating between the Jessop and Leicester Royal Infirmary. He achieved his MRCOG in quick order and in 1980 he was honoured with Fellowship of the College (FRCOG) and the award of his Doctorate (MD) from Sheffield.

Recognition of his clinical and academic acumen led to his appointment in 1974 as Senior Lecturer/Honorary Consultant at the University of Liverpool. He was on call during the move into the New Royal in 1978 and found himself performing the very first operation in the new hospital. This was a laparotomy for a ruptured ectopic pregnancy performed in a hurriedly-assembled makeshift theatre in the basement.

His main clinical and research interest was female urology and with Malcolm Brown (Medical Physicist) he developed a clinical research programme in urology and urodynamics. The establishment of such a centre of excellence led to the unit being designated as a tertiary referral centre. The academic progress was also excellent with seminal work in the discipline leading to, for example, six doctoral (MD) theses through the 1980s when research in the area was really still in its infancy.

On the back of his achievements John was promoted to Reader in 1982, the same year in which he was awarded the RCOG prestigious Eden Travelling Scholarship. This gave him the opportunity to travel to the USA to study approaches to incontinence implant surgery. In implant and reconstructive surgery he worked in close collaboration with Christine Evans and the late Tim Stephenson from Cardiff.

His experience in this field caused him to be appointed to the RCOG Panel of Visitors of the Subspecialty Training Board. In the latter he was one of the founding fathers of the modern speciality of urogynaecology and as such had



considerable input into the training programme for future subspecialists not only in the UK but also as far afield as Australia.

In 1987 he moved on from academia to an NHS post at Arrowe Park Hospital, continuing to provide and advance the quality and range of care and continuing to train subspecialty trainees.

Given his acknowledged skill and expertise it was no surprise that his planned retirement was short lived! A planned 6-month post-retirement role at Liverpool Women's Hospital ended up lasting 11 years!

Despite that John has found time to pursue his main interest outside medicine, namely painting and sculpture. He has exhibited extensively in the UK and abroad, including one show in Brisbane in which he was the very proud featured-artist. In 2017 he was commissioned by the RCOG to paint the portrait of David Richmond, then President of the College. In fact, he did two: you can see one of these hanging in the College in London, the other at Liverpool Women's Hospital. If you get a chance, look at his website which has many examples of his work.

His partner is Madeleine with a daughter Tiffany and a granddaughter Caitlin.

Dr John Sutherst has been a member of the Institution since 1974.

I am delighted to be able to give this Oration to induct Dr John Sutherst into Life Membership of the LMI. He has been a founding father in his clinical subspecialty responsible for seminal clinical approaches and ground-breaking research. Not only have patients had access to his skills but also through those he trained and inspired directly or indirectly through his development of their training syllabus. Like many at the LMI he does not confine his excellence to his clinical field and in his case his passion for, and the quality of his work as an artist, is manifest.

CHRIS EVANS